



Everett Unity Center For Positive Living

Unity Center Gazette

SPEAKER SCHEDULE

October 2017

- Oct 1 - Sharon Gunnerson
- Oct 8 - Merrilee O'Brien
- Oct 15 - Doug Benecke
- Oct 22 - Jenn Peterson
- Oct 29 - Roy Holman

**MEMBERSHIP RENEWALS
DUE NOW**
For more information
See page 2

Spiritually Growing
Always, And In All Ways!

3231 Colby Avenue
Everett, WA 98201
425-258-2244

www.everettunity.org
everettunity@frontier.com

Sunday Services: 10 a.m.
Children's Church: 10 a.m.
Nursery: 10 a.m.

Office Hours
Tuesday-Thursday 10-2
Sunday - 10 a.m. - Noon

**Board of Directors
Contact Info on Page 4**

- President.....Glenda Smith
- Vice-President.....Kevin Hart
- Secretary.....Jill Snow
- Treasurer.....Craig Hamborg
- Director.....Nancy Fairbanks
- DirectorPatrick Trana

Church Staff

- Administrator....Cindi Pedersen
- Music Director.....Terri Anson
- Youth Director... Jacqueline Arnold
- Organist.....Pat Rollins
- Head UsherChuck Atterson
- Social HourJude Davis
- Web & Sound.....Steve Tucker

August Tithes to: Silent
Unity, Unity NW Region,
Recovery Café, Esther's
Place, Unity Community
Support Fund and the Skagit
Immigrant Rights Council

Full Financial Statements are
available for review in the
Church Office, by request.

I AM ON THE SIDE OF LOVE - PASTOR DAVE BROWNING

I am on the side of love.

I am not on the side of hate and division, or power and control, or selfishness and greed, or bigotry and insult. I am on the side of love.

When the choice is fight or flight, I choose another option: love. It is the choice that Jesus made when faced with waywardness and disappointment. It is the first and best response in the face of rejection and it is the ultimate and final response to fear. In any and every situation I want to ask, "How would love respond? What would love do next?" Love is my strategic plan, my operating system, and my guiding light.

There are cynics out there, and pessimists, even antagonists and terrorists. They may critique me or attack me, but they cannot control me. I alone pick my path and the path I'm picking is love. I'm not going to be traveling on the low road, the broad road, that leads to destruction. They will have to go on without me. I am walking the narrow way that leads to life, abundant and eternal.

I am following Christ on the road less traveled, and that has made all the difference. I hereby refuse to live as a mere mortal, or treat someone else as one. I confess that I have

never actually looked into the face of someone who didn't matter infinitely to God. And I'm choosing to see people as God does, more than skin deep. By love all will know that I am His disciple.

Love means "it's not about me." I can no longer be in the business of myself. It is much too small of a business to be in. My life is meant for others. My life is meant for experiencing and expressing the grace of God. My life is meant for spiritual greatness, because my life is meant for you.

I've come to believe that love is the greatest thing that anyone can ever receive or give. And it is what gets me up in the morning. Love is my bold reason for living. I want love to rule the world. I want to be a catalyst in a worldwide awakening of love. There is no other option. Love is the only thing that can possibly work.

For most of my life I have been favorably disposed to love but not particularly dogmatic about it. Those days are over for me now. Other voices are screaming now. I am being forced to choose, so I pledge allegiance. I am a Christ-one, so I am an agent of love. So help me God.

I am on the side of love.

**-JACQUELINE ARNOLD DIRECTOR
YOUTH AND FAMILY EDUCATION**

“There are two gifts we should give our children... one is roots and the other is wings.”
~Hodding Carter

So last month I reached a parenting milestone as my oldest daughter got married. This month, I reached another as we drove with her and her new husband to Montana to help them get settled into their new life together. I had planned to make the drive all along, but as the time drew closer, it started feeling very overwhelming to drive 10 hours one way over Labor Day weekend, just before school started, as I am an elementary school teacher. After I was able to talk my 15-year-old daughter into joining me, we decided to go for it! I was worried about finding coverage for the youth program at church, but because I was brave enough to ask if others were available, I found out they were more than happy to help out!

So off we started towards Montana, driving towards my daughter’s new life! I thought it would be fun to share

a few things I learned along the way...

First, **there is always a way.** The old saying, “Where there’s a will, there’s a way,” is proving to be true time and time again! If I am faced with a difficult task or challenge, I just need to get started and once I do, I always find a way through it. This trip seemed so overwhelming, but in my heart I knew it was the right thing to do and it turned out to be true.

Second, singing songs from your younger days at the top of your lungs with your children is very therapeutic and they seem to love it! My youngest had never heard “Wind Beneath My Wings” by Bette Midler. I would be failing as a parent if my child had not been exposed to certain songs, mission accomplished!

Third, conversations on long road trips can get very deep and meaningful. We shared many secrets and she asked me lots of important questions. I want to share what I have learned in this lifetime

so that perhaps she can avoid some of my mistakes. One of the topics was the importance of choosing a life partner. We talked about red flags, how essential it is to speak up and that we are not responsible for anyone else’s happiness or feelings, just our own. She also shared some things that have been on her mind and I just listened. We had time to really focus on each other and we relished in that.

Fourth, jumping into a cold lake at midnight can become a memory you will never forget! It can also make a day of hard work unpacking boxes and putting furniture together more tolerable. On the drive home my daughter told me that she is never going to lose that adventurous side of her personality and that made my heart so happy! She is figuring out who she is and what is important to her. The better she knows who she is, the happier she can be. She is so much wiser than I was at her age.

Finally, no matter how much we might wish our children did not grow up and start out on their own adventures, deep down,

we know they must and we are very proud of them. Our relationships may change and grow, but we will always be connected, we will always be family and we will always find ways to support, encourage and show our love to them.

This Labor Day weekend taught me so many lessons and I am so very grateful....

Thank you, God!

**MEMBERSHIP
RENEWAL**

It’s that time again! If you are currently a member of Everett Unity and would like to continue, please renew now. The bylaws require regular updating of the membership list to insure our roster is current. We always welcome the general public, however, to vote in matters of the church, membership is required. The renewal policy is as follows:

Under 10 years: Please complete a membership renewal card.

Over 10 years: No membership renewal card required. However, please contact the church office if you would like to be removed from the roster or if you have new contact information.

For membership info:
Call: 425.258.2244 or
Email:
EverettUnity@frontier.com

UNITICS UNITE, WE NEED YOU AND YOUR STUFF AGAIN!

You all remember last year’s auction, rummage, and bake sale. Well, we had a good turnout and a good start to fund our “Boost Betty into the Building” lift project. We learned some lessons and we want to take another shot at it this year; we are sure we can outdo last year’s event. We learned the auction didn’t really work so we are going to focus more on the rummage, bake, and sandwich sale. This Church event is scheduled after service on Sunday, October 22, 2017, 11:30 a.m. to 4:30 p.m. All proceeds will go toward the cost of our new lift (elevator) which allows access to the sanctuary and social hall by everyone.

We are calling on each one of you to participate. Check your closets, attics, and garages for quality, useful items of value in working order. Here’s where we ask you to THINK BIG! Ask your friends or family if they would like to offer a donation to our rummage sale or bake sale. However spirit moves within you, we need all donations no later than October 18, 2017 (except baked goods, of course).

In addition, we are asking those of you who love to bake to sign up for donations of baked goods that will be sold for the day’s event and take-home. For those of you who don’t bake but still want to contribute, sign up to make 6-10 sandwiches which will be sold at the sandwich sale. See a social hour host to sign up.

And lastly, come down to the Social Hall after service on October 22, purchase your snack and browse all those great deals. And, here’s a thought, bring family and friends to church and the sales. Our committee hasn’t changed so if you have questions, want to submit a donation, or sign up for the bake/sandwich sale, check with Cathy Hamborg, Craig Hamborg, Annie Ross, Jamie Ross, or Jill Snow.

OCTOBER BIRTHDAYS

Barbara Gay	1
Lisa Jones	2
Charles Atterson	12
Pam Fahy-Schindler	16
Jessica Waikel	24
Barbara Erickson	24
Dorothy Johnson	27
Trent Pomeroy	29
Bill McKinlock	29
Nicholas Anderson	29
Carol Pfeiffer	30
Brookee Young	31

The Way Under the Way
By: Mark Nepo

For all that has been written, for all that has been read, we are led to this instant where one of us will speak and one of us will listen, as if no one has ever placed an oar into that water.

It doesn’t matter how we come to this. We may jump to it or be worn to it. Because of great pain. Or a sudden raw feeling that this is all very real. It may happen in a parking lot when we break the eggs in the rain. Or watching each other in our grief.

But here we will come. With very little left in the way.

When we meet like this, I may not have the words, so let me say it now; Nothing compares to the sensation of being alive in the company of another. It is God breathing on the embers of our soul.

VOLUNTEER OPPORTUNITIES

We’re looking for a few good men....and women! Would you like to be of service at Everett Unity and get to know some of your fellow spiritual travelers a bit better? Our volunteers take care of so much and keep things on track around here. We couldn’t do what we do without them! And the best news...you only have to commit to one Sunday a month. And, if you have a schedule conflict for your day of service, you can trade with another volunteer for a more convenient date. Please contact Cindi in the church office if you would like more information. Social Hour: 2-3 people needed, Kids Program: 2 people needed, Ushers: 2 people needed.

Listen to our Sunday Services on the web at: www.EverettUnity.org

HAPPY HEARTS HEALING CIRCLE

Every Monday, 7:15-8:30 p.m. Facilitated by:

Kevin Hart and Jenny Campbell

Offered on a Love Offering Basis

Come be supported through the ups and downs of life and build community. Child care is provided.

AA MEETING, MONDAYS at 7 A.M.

WOMEN'S CIRCLE: "Rock 'Tober"

Wednesday, Oct 4, 2017

6:15 p.m. Potluck Begins/7:00 p.m. Program Begins

Offered on a Love Offering Basis

We'll be doing our annual rock and gem share and painting rocks. This is always a well attended fun event.

If you are able, please bring a dish to share during the potluck.

FRIDAY NIGHT AT THE MOVIES

Movie will be selected by attendees

Friday, Oct 27, 6 p.m. Facilitated by: Tina Hokanson

This event includes potluck/Love offering will be collected

If you are able, bring a dish to share, enjoy the movie and finish the evening with group discussion.

RAISE YOUR ENERGY VIBRATION

Sunday, Oct 29, 1-4 p.m. \$25-\$35 Love Offering

Roy Holman and Liz Gross

Come learn tips to match and assist the New Earth energies! Move from fear and worry, doom and gloom to joy and gratitude, bliss and play! This event includes a delicious Sound Bath

OCTOBER AFFIRMATIONS

Inner Peace - My heart is a sacred space of peace.

Guidance - I easily and gracefully express my inner wisdom.

Healing - I relax into the infinite stream of divine life, and I am healed.

Prosperity - I am open and receptive to the rich ideas of Spirit.

World Peace - Peace in the world begins with peace in my heart.

OCTOBER ACTIVITIES

All activities are in the Social Hall unless noted

Sunday:

Worship Service & Children's Church 10:00 a.m.

Buddhist 8 Step Recovery every Sunday night, 6-7:30

Rummage and Bake Sale, after service Oct 22

Raise Your Energy Vibration, Oct 29, 1-4 p.m. (see panel to left)

Sunshine Team after service Oct 29

Monday:

AA Meeting, Every Monday, 7 a.m.

Happy Hearts, A Healing Circle, Every Monday, 7:15 p.m. (See panel to left)

Tuesday:

Course in Miracles, Every Tuesday 7:00 p.m.

Board of Directors, Oct 17, 10:00 a.m.

Wednesday:

Course In Miracles, Every Wednesday, 10:15 a.m.

Women's Circle, First Wednesday, Oct 4, 6:15-8:00 (See panel to left)

Handy Crafters, 2nd, 3rd & 4th Wed. this month only, Oct 11, 18 & 25, 6 pm

Newsletter Team, Oct 25, 12 noon.

Friday:

Family Game Night: 2nd Friday, Oct 13, 6:30-8:30

Drum Circle, 3rd Friday, Oct 20, 7 p.m.

Friday Night at the Movies, 4th Friday, Oct 27, 6pm (See panel to left)

Contact Your Board Members Here

Glenda Smith: glenda@welike2clean.com

Kevin Hart: harkev@gmail.com

Jill Snow: jilze55@aol.com

Craig Hamborg: cchamborg@gmail.com

Nancy Fairbanks: nancylynnfairbanks@gmail.com

Patrick Trana: patuta@comcast.net